

Yogurt Cucumber Sauce

Makes about 2 cups

Ingredients

1½ c plain Greek yogurt
6" piece of an English Cucumber
2 cloves of garlic, mashed or pressed
5 mint leaves, chopped or thinly sliced
¼ t Kosher salt

Directions

Peel the piece of cucumber.
Slice into long pieces, and dice.
Mix the yogurt and cucumber together.
Add in the garlic, mint and salt.
Stir well.
Cover & chill for at least one hour (up to 2 days) before serving.